

Clyde High School

Sign-up on PaySchoolsCentral.com to add money on students lunch account. You may also view purchase history, check account balance & set low balance reminders. Cash and Checks may be added to students lunch accounts at any school cafeterias.



MEAL PRICING: Breakfast \$2.10
Elementary \$2.60 Middle School \$2.85
High School \$3.25 MILK .60

Reduced Breakfast & Lunch NO Charge
Free and Reduced application may be filled out at www.payschoolscentral.com

September-December 2026

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Deluxe Chicken Chicken Patty Cheese, Bacon Bun Green Beans Pear Milk	Walking Taco Chips, Meat Cheese Refried Beans Pineapple Milk	Johnny Marzetti Caesar Salad Peaches Bread Stick Milk	Brunch For Lunch French Toast/Syrup Sausage Hash Browns Orange Juice Milk	French Bread Pizza Carrots Mixed Fruit Cookie Milk
2	Double Cheese Burgers Bun Spicy Waffle Fries Mandarin Oranges Milk	Tacos Salad Meat, Shell Cheese, Lettuce Fiesta Taco Beans Mixed Fruit Churro Milk	All American Bowl Popcorn Chicken Mashed Potatoes Corn, Strawberries Dinner Rolls Milk	Chicken Alfredo Broccoli Pears Breadsticks Milk	Calzone Normandy Blend Apple Sauce Frozen Yogurt Milk
3	Turkey & Gravy Mashed Potatoes Strawberries Dinner Roll Milk	Spicy Taco Mac Green Beans Peaches Corn Bread Milk	Buffalo Chicken Dip Tortilla Chips Buffalo Ranch Fava Beans Pears Milk	Orange Chicken Popcorn Chicken Fried Rice, Egg Rolls Oriental Veggies Pineapple Milk	Italian Bosco Sticks Spaghetti Sauce Romaine Salad Sidekicks Milk
4	BBQ Chicken Chunks Baked Beans Apple Sauce Rice Krispy Milk	Mac & Cheese Bowl Mac & Cheese Chicken or Pulled Pork Peas Pineapple Pretzel Milk	Flier Burgers Burger / Bun Cheese, Bacon French Fries Sidekicks Milk	Burrito Bar Taco Meat BBQ Pork, Pork Mexican Corn Peaches Milk	Chicken Wrap Spicy or Plain Chicken Tenders Cheese, Cole Slaw Mandarin Oranges Milk
5	General Tso Popcorn Chicken Rice Stir Fry Vegetable Pineapple Fortune Cookie Milk	Beef Cheese Nachos Chips, Meat, Cheese Refried Beans Apple Juice Milk	Mac Wrap Beef, Lettuce, Cheese Onion & Sauce Tater Tots Apple Sauce Milk	Boneless Chicken Wing, Mac & Cheese Peas Sorbet Milk	Quesadilla Salsa Roasted Corn & Black Beans Frozen Yogurt Milk

Breakfast Menu

Breakfast Egg Rolls Assorted Pastries Fruit Juice Milk	Assorted Muffin Yogurt Fruit Juice Milk	Breakfast Pizza Fruit Juice Milk	Yogurt Parfaits Fruit Juice Milk	Breakfast Sandwich Fruit Juice Milk
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Week 1 Meal Plan



Week 2 Meal Plan



Week 3 Meal Plan



Week 4 Meal Plan



Week 5 Meal Plan



September 2026						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

October 2026						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

November 2026						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

December 2026						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

What Makes a Meal?

Each school lunch offered includes five food components: an entree that is protein-packed and whole grain-rich, a fruit, a vegetable, and a selection of low-fat or fat-free milk. Students must select three out of five components to constitute a full meal. At least one of the three components chosen must be a fruit or vegetable. K-8 Students can select up to two servings of vegetables and one serving of fruit. 9-12 Students may select up to servings of vegetables and 2 servings of fruits.

Menus are subject to change due to product availability, new product offerings, health mandates, or weather issues.

Pizza Bosco Sticks & Salad Bar Meals Available Daily

Offered Daily

Fresh Vegetables
Possible Daily Choices
Carrots, Broccoli, Celery,
Green & Red Peppers,
Cucumber, Tomatoes &
Cauliflower

Possible Daily Breakfast Choice

Cereal & Cheese
Stick or Pop Tart

Fresh fruits and vegetables are offered as a daily choice

Smart Snack
Ala Cart options are
available for purchase

Menus are planned
according to USDA
guidelines

USDA is an equal
opportunity provider,
employer, and lender

Thanksgiving Dinner
Will be served on
November 19th.

NUTRITION BIT

- Many children in the US fall short of meeting calcium, iron, vitamins D, potassium, fiber and whole grain recommendations.¹
- The intake of dairy products is especially important to bone health during childhood and adolescence, when bone mass is being built.²